



Southgate Colts FC

Southgate Colts Youth Football Club Kit Policy

Purpose

The purpose of this policy is to ensure that all players of Southgate Colts Youth Football Club wear the appropriate attire (kit) to promote club identity and ensure safety during training and match days.

Club Identity

Wearing the correct kit is essential for fostering a sense of unity and pride among players. The Southgate Colts kit must be worn at all matches. This includes the official club jersey/shirt, shorts, and socks. By wearing the club colours, players not only represent Southgate Colts but also build team spirit and camaraderie.

Managers and coaches will provide direction as to training kit requirements in the event their team has a designated training kit.

Footwear Requirements

To ensure player safety and optimal performance, appropriate footwear must be worn for different playing surfaces:

- **Grass Pitches:** Players must wear football boots with studs suitable for natural grass. These provide the necessary grip and support to prevent injuries.
- **3G Pitches:** For artificial 3G pitches, players should wear boots with rubber or plastic studs designed for synthetic surfaces or astro style trainers. Metal studs are not permitted as they can damage the pitch and increase the risk of injury.

Shin Pads

For the safety of all players, shin pads are mandatory during both training sessions and matches. Players without shin pads will not be allowed to participate. Shin pads protect against injuries from tackles and accidental kicks, making them a crucial part of the football kit.

Enforcement

Coaches and team managers are responsible for ensuring that all players adhere to this policy. Regular checks will be conducted before training sessions and matches to ensure compliance. Players who fail to wear the correct kit, appropriate footwear, or shin pads will be asked to rectify the issue before being allowed to participate.

Conclusion

Adhering to the Southgate Colts Youth Football Club Kit Policy is essential for promoting club identity, ensuring player safety, and maintaining a professional appearance. We appreciate the cooperation of all players and parents in upholding these standards.

If parents have any questions or need further clarification, please feel free to reach out to the Club managers, coaches and committee members.